

Empowering Youth to Engage in Community Projects that Bridge Cultural Divides: The CIVIC-Bridge Framework and the Youth Bridging Engagement Pathway

Carlos Mendoza

Canada Wave University - Canada

ARTICLE INFO

KEYWORDS

youth empowerment; cultural divides; intergroup contact; community projects; tolerance; coexistence; intercultural competence; civic engagement; peacebuilding

HOW TO CITE

Mendoza, C. (2026). Empowering Youth to Engage in Community Projects that Bridge Cultural Divides: The CIVIC-Bridge Framework and the Youth Bridging Engagement Pathway. *International Journal of Civilizations Studies & Tolerance Sciences*, 3(1), 59-68.
<https://doi.org/10.54878/18k3va12>

ABSTRACT

Cultural divides—across religion, ethnicity, nationality, and worldview—are among the most persistent obstacles to peaceful coexistence, and young people are too often cast either as their victims or as their agents. A substantial body of evidence suggests the opposite is possible: when they are genuinely empowered, youth can become the most effective builders of bridges across those divides. Yet the knowledge needed to design such empowerment is scattered across separate literatures on intergroup contact, positive youth development, service-learning, intercultural competence, and the youth-peace-security agenda. This conceptual paper integrates that evidence into a single, actionable design logic. It advances the CIVIC-Bridge Framework, which specifies five interdependent design principles for youth-led cross-cultural community projects—Contact under optimal conditions, Intercultural competence, Voice and ownership, Impact through authentic service, and Continuity with institutional support—and links them to five bridging outcomes. To translate the framework into practice, the paper introduces the Youth Bridging Engagement Pathway, a four-phase implementation cycle (Convene, Co-create, Collaborate, Consolidate) organized around youth agency, together with a graduated model of youth empowerment. An illustrative application shows how design fidelity is expected to shape outcomes. All quantitative values are illustrative simulations calibrated to effect-size ranges reported in the literature and are presented to demonstrate the framework rather than to report empirical findings. The framework offers educators, civil-society organizations, and policymakers—particularly those advancing the United Arab Emirates' tolerance and coexistence agenda—a coherent basis for designing youth engagement that bridges rather than deepens cultural divides.

Double-blind peer review by independent reviewers.

Received: 13 Feb 2026, Accepted: 14 May 2026, Published: 20 Jun 2026

*Corresponding author: carlos.mendoza@canadawave.ca

Copyright: © 2026 by the author. Licensee Emirates Scholar Center for Research & Studies, UAE.

Open access under the Creative Commons Attribution (CC BY) license

<https://creativecommons.org/licenses/by/4.0>



1. Introduction

The world's young people are coming of age in societies marked by deepening cultural diversity and, too often, by widening cultural divides. Migration, urbanization, and digital connectivity bring communities of different faiths, ethnicities, and worldviews into daily contact, but proximity alone does not produce understanding; it can just as easily harden suspicion. Against this backdrop, youth are frequently portrayed through a lens of risk—as a population to be managed or feared. A growing evidence base rejects that framing. The United Nations' landmark study on youth, peace and security concludes that young people are, overwhelmingly, a constructive force who already do the quiet work of holding divided communities together (Simpson, 2018). The question this paper takes up is not whether youth can bridge cultural divides, but how they can be empowered to do so by design.

Community projects—where young people from different backgrounds work together on something that matters to their shared surroundings—are an especially promising vehicle. They create the conditions under which contact reduces rather than reinforces prejudice (Allport, 1954; Pettigrew & Tropp, 2006); they build the personal and civic capacities associated with positive youth development (Lerner et al., 2005); and, when structured as service-learning, they yield measurable gains in students' attitudes, social skills, and civic engagement (Celio, Durlak, & Dymnicki, 2011). Yet practitioners designing such projects must currently draw on several disconnected literatures, with no single framework specifying what makes a youth cross-cultural project actually bridge a divide.

This paper addresses that gap through a conceptual and integrative contribution. It offers two artifacts. The first is the CIVIC-Bridge Framework, which distills the recurring conditions for success into five design principles and links them to five bridging outcomes. The second is the Youth Bridging Engagement Pathway, a four-phase implementation cycle that places youth agency at its center and is accompanied by a graduated model of empowerment. Neither artifact reports a new empirical study; instead, both consolidate established findings into a usable design logic and set an agenda for validation.

The remainder of the paper proceeds as follows. Section 2 reviews the theoretical foundations and specifies the research gap. Section 3 develops the CIVIC-Bridge Framework. Section 4 presents the Youth Bridging Engagement Pathway and the empowerment model. Section 5 provides an illustrative application, with all

numeric values clearly labeled as illustrative simulations. Section 6 discusses theoretical, programmatic, and policy implications; Section 7 states limitations and a research agenda; and Section 8 concludes.

2. Background and Theoretical Foundations

2.1 The challenge of cultural divides—and the promise of youth

A cultural divide is more than a difference; it is a difference organized into social distance, where groups hold negative expectations of one another and limit contact accordingly. Reducing such divides is difficult precisely because they are self-reinforcing: separation breeds stereotypes, and stereotypes justify further separation. Young people occupy a pivotal position in this dynamic. Their identities and intergroup attitudes are still forming, which makes adolescence and early adulthood a window of unusual plasticity (Lerner et al., 2005). The same study that documents youth as peacebuilders also warns against a “violence of exclusion,” in which young people who are shut out of civic life become vulnerable to the very polarization that divides their societies (Simpson, 2018). Empowerment is therefore not a courtesy extended to youth; it is a condition for the outcome societies seek.

2.2 Intergroup contact theory

The intellectual foundation for bridging divides through joint activity is intergroup contact theory. Allport (1954) proposed that contact between groups reduces prejudice most reliably when four conditions are met: the groups interact on terms of equal status, pursue common goals, depend on one another cooperatively, and enjoy the support of relevant authorities or institutions. Decades of research have borne this out. In the most comprehensive test to date, a meta-analysis of 515 studies and more than 250,000 participants found that intergroup contact typically reduces prejudice, that the effect generalizes beyond the specific individuals encountered, and that it is strongest when Allport's optimal conditions are present (Pettigrew & Tropp, 2006). Subsequent theorizing has clarified the mechanisms—contact works by increasing knowledge of the outgroup, reducing anxiety, and fostering empathy (Pettigrew, 1998). Crucially for the present argument, cooperative projects toward a shared goal are close to an ideal embodiment of these conditions.

2.3 Positive youth development and youth empowerment

If contact theory explains why joint projects can bridge divides, positive youth development (PYD) explains what

such projects do for the young people themselves. The PYD tradition reframes youth as resources to be developed rather than problems to be managed, and identifies a set of assets—often summarized as competence, confidence, connection, character, and caring—that flourish when young people participate in well-structured community programs (Lerner et al., 2005). Participation, however, is not a single thing. Checkoway (2011) argues that youth participation refers to genuine influence over decisions that affect young people's lives, and that its quality depends on whether they hold real power, not merely on whether they are present. This distinction between token involvement and authentic empowerment is central to the framework developed below.

2.4 Service-learning and intercultural competence

Two further literatures supply the practical and developmental content of youth bridging projects. Service-learning—structured community service linked to reflection—has been shown, in a meta-analysis of 62 studies involving nearly 12,000 students, to produce significant gains in attitudes toward self, attitudes toward school, civic engagement, social skills, and academic performance, with the largest gains where projects were linked to clear goals, gave students voice, involved the community, and included structured reflection (Celio, Durlak, & Dymnicki, 2011). Intercultural competence—the capacity to communicate and act effectively across cultural difference—provides the developmental target. Deardorff (2006) offers a widely used process model in which attitudes of respect and openness, cultural knowledge, and skills of listening and interpretation combine to yield effective and appropriate intercultural behavior. Within Emirates Scholar's own journal, Jaafari (2024) demonstrates this developmental logic empirically, showing that intercultural courses embedded in university training measurably raised students' global understanding, tolerance, and inclusive social engagement.

The regional and institutional context is equally instructive. Brankovic (2024), also in this journal, analyzes the United Arab Emirates' tolerance framework as a deliberate national architecture for coexistence in a multicultural society, illustrating how institutional support—the fourth of Allport's conditions—can be supplied at the level of an entire polity. Levi (2025) complements this by showing how city-level diplomacy can bridge intercultural gaps in the MENA region, offering a meso-level counterpart to the community-level projects examined here. Together these contributions locate youth bridging work within a supportive

institutional ecology rather than treating it as an isolated intervention.

2.5 Social capital: bridging versus bonding

A final strand clarifies what, at the level of a community, a bridged divide actually consists of. Putnam (2000) distinguishes two forms of social capital. Bonding social capital is the dense, inward-looking connection among people who are already alike; it is valuable for mutual support but can sharpen the boundary between “us” and “them.” Bridging social capital, by contrast, is the connection that reaches across social cleavages, and it is precisely this form that a project spanning a cultural divide is meant to build. The distinction matters for design: activities that gather a single community together, however well-intentioned, generate bonding rather than bridging capital, and may leave intergroup distance untouched or even reinforced.

Reading contact theory and social-capital theory together yields a sharper design target. The optimal conditions of Allport (1954) describe the micro-level encounter; bridging social capital describes its intended macro-level residue. A youth community project bridges a divide when repeated, cooperative, equal-status contact accumulates into durable cross-cutting ties—when the relationships formed on the project outlast the project itself. This is why the framework's fifth principle, continuity, is not an afterthought but a structural requirement: without follow-through, contact produces a pleasant memory rather than social capital. Caution is nonetheless warranted, since even well-designed contact programs vary widely in whether they achieve lasting change (Paluck & Green, 2009).

2.6 Research gap and contribution

Three gaps motivate this paper. First, the conditions for successful youth bridging projects are well established individually but have never been assembled into a single design framework. Second, the literature on intergroup contact emphasizes the conditions of contact but says little about youth agency—who designs and leads the project—whereas the youth-participation literature emphasizes agency but is not organized around bridging divides. Third, practitioners lack a staged, actionable pathway that connects design principles to implementation. The CIVIC-Bridge Framework and the Youth Bridging Engagement Pathway respond to these gaps by integrating contact conditions with youth empowerment and rendering the result implementable.

3. The CIVIC-Bridge Framework

3.1 Overview

The CIVIC-Bridge Framework specifies five design principles that, taken together, distinguish a youth community project that bridges a cultural divide from one that merely occupies young people. The five principles are captured by the mnemonic CIVIC—Contact under optimal conditions, Intercultural competence, Voice and ownership, Impact through

authentic service, and Continuity with institutional support. They rest on the evidentiary foundation reviewed in Section 2 and converge on five bridging outcomes. Figure 1 presents the architecture. The principles are deliberately interdependent: contact without youth ownership produces participation without empowerment, while ownership without optimal contact conditions can leave prejudice untouched. The framework's central claim is that bridging outcomes are maximized only when all five principles are satisfied together.

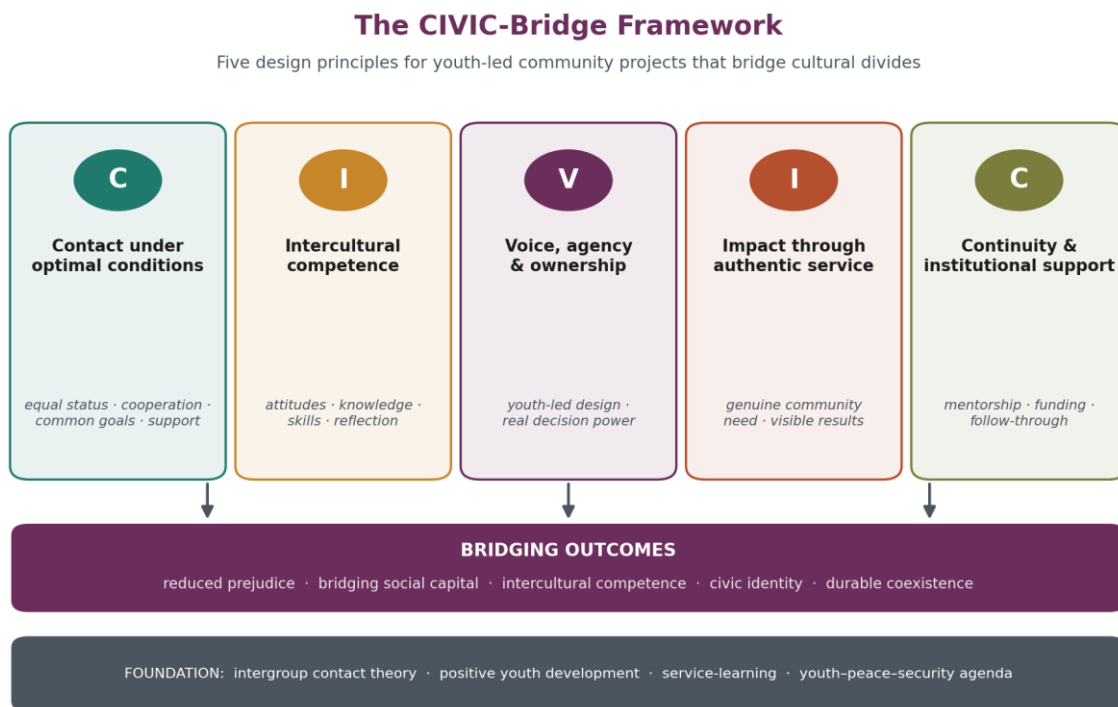


Figure 1. The CIVIC-Bridge Framework. Five interdependent design principles, grounded in established theory, convert youth-led community projects into bridging outcomes.

3.2 The five design principles

C — Contact under optimal conditions. The project must bring young people from different communities together on terms of equal status, cooperative interdependence, and shared goals, with visible institutional support. These are precisely Allport's (1954) optimal conditions, whose prejudice-reducing power is confirmed by Pettigrew and Tropp (2006). A project that places one group in a helping role and another in a helped role, for instance, violates equal status and can entrench hierarchy rather than dissolve it.

I — Intercultural competence. The project must deliberately cultivate the attitudes, knowledge, and skills

that allow young people to interpret difference generously and communicate across it, following the process model of Deardorff (2006) and the training approach validated by Jaafari (2024). Competence is both an input—some baseline is needed for contact to go well—and an outcome that the project strengthens.

V — Voice and ownership. Young people must hold genuine decision-making power over the project's purpose and design, not merely execute an adult-authored plan. This is the difference between token involvement and authentic participation identified by Checkoway (2011), and it is what converts a program delivered to youth into development achieved by youth (Lerner et al., 2005).

I — Impact through authentic service. The project must address a real community need and produce visible

results, giving the cooperative goal genuine stakes. Service-learning research shows that authentic, curriculum-linked, reflective service produces the strongest developmental and civic gains (Celio et al., 2011). Manufactured or purely symbolic tasks lack the shared purpose on which contact theory depends.

C – Continuity and institutional support. The project must be embedded in supportive institutions—schools, civil-society organizations, municipalities—that provide

mentorship, resources, and follow-through, so that relationships and competences persist beyond a single event. This operationalizes Allport’s institutional-support condition and reflects the UN study’s call to move young people from one-off activities into durable structures (Simpson, 2018); at the national scale it corresponds to the coexistence architecture analyzed by Brankovic (2024).

Table 1. The five design principles of the CIVIC-Bridge Framework.

Principle	What it requires	Grounding
C · Contact conditions	Equal status, cooperation, common goals, institutional support.	Allport (1954); Pettigrew & Tropp (2006)
I · Intercultural competence	Cultivating respectful attitudes, cultural knowledge, and communication skills.	Deardorff (2006); Jaafari (2024)
V · Voice & ownership	Genuine youth decision power over purpose and design.	Checkoway (2011); Lerner et al. (2005)
I · Impact through service	Addressing a real community need with visible, reflective results.	Celio, Durlak, & Dymnicki (2011)
C · Continuity & support	Mentorship, resources, and follow-through embedded in institutions.	Simpson (2018); Brankovic (2024)

3.3 Bridging outcomes

The framework converges on five outcomes that jointly constitute a bridged divide. The first is reduced prejudice—more favorable and less anxious attitudes toward the other group (Pettigrew & Tropp, 2006; Paluck & Green, 2009). The second is bridging social capital—the formation of relationships that cross group lines, which Putnam (2000) distinguishes from the inward-looking bonding capital that can entrench division. The third is intercultural competence (Deardorff, 2006); the fourth is a strengthened civic identity—a durable disposition to contribute across difference (Lerner et al., 2005; Checkoway, 2011); and the fifth is durable coexistence, the community-level residue of the preceding four (Simpson, 2018). Because these outcomes reinforce one another, the framework treats them as a system rather than a checklist.

3.4 Distinguishing bridging projects from adjacent activities

Because the language of youth engagement is broad, it helps to clarify what a CIVIC-Bridge project is not. It is not a cultural-awareness event—a festival or presentation that showcases difference without sustained cooperative contact; such events can raise visibility but rarely satisfy the cooperation, common-goal, or continuity conditions, and the contact they provide is typically too brief to

reduce prejudice (Pettigrew & Tropp, 2006). It is not single-community volunteering, which builds bonding rather than bridging social capital (Putnam, 2000). And it is not adult-run programming with youth participants, which may involve young people meaningfully in tasks yet withhold the ownership that distinguishes empowerment from involvement (Checkoway, 2011). The framework’s value lies partly in making these distinctions explicit, so that scarce resources are directed toward designs that can plausibly bridge a divide rather than toward activities that merely resemble them.

The distinctions also guard against a subtler confusion between contact and bridging. Contact is a necessary input; bridging is the outcome. Mere co-presence—youth from different groups occupying the same space—can occur with none of the optimal conditions and may even heighten tension. What converts contact into bridging is the conjunction of the five principles operating together, sustained long enough for cross-cutting relationships to take hold (Allport, 1954; Simpson, 2018). The framework is, in this sense, a specification of the difference between young people being in the same place and young people building something across the divide between them.

4. The Youth Bridging Engagement Pathway

4.1 A four-phase implementation cycle

Design principles indicate what a project must satisfy; they do not by themselves tell practitioners how to

sequence the work. The Youth Bridging Engagement Pathway translates the CIVIC-Bridge principles into a four-phase cycle organized around youth agency (Figure 2). The cycle is iterative: consolidation feeds back into the next round of convening, so that a single project can mature into a sustained program.

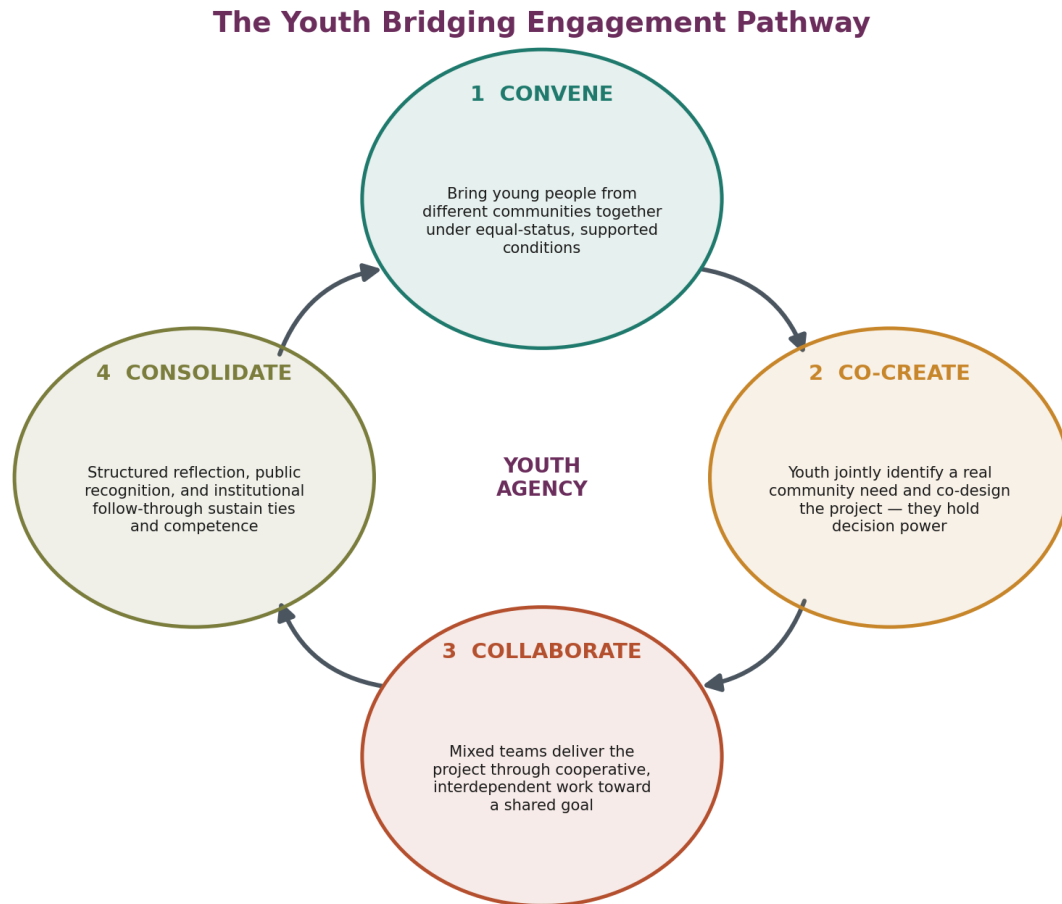


Figure 2. The Youth Bridging Engagement Pathway. Four iterative phases place youth agency at the center of the design.

Phase 1 — Convene. Bring young people from different communities together under equal-status, institutionally supported conditions, and invest early in relationship-building and baseline intercultural competence. This phase establishes the C and I principles before any task begins, lowering the intergroup anxiety that can otherwise derail contact (Pettigrew, 1998).

Phase 2 — Co-create. Youth jointly identify a genuine community need and co-design the project, holding real decision power. This phase enacts the V principle; the act of deciding together is itself a cooperative, common-goal task that begins the bridging work (Checkoway, 2011).

Phase 3 — Collaborate. Mixed teams deliver the project through cooperative, interdependent effort toward the shared goal, realizing the Impact principle and providing

the sustained, meaningful contact that reduces prejudice (Allport, 1954; Celio et al., 2011).

Phase 4 — Consolidate. Structured reflection, public recognition, and institutional follow-through convert a completed activity into durable relationships and competence, enacting the Continuity principle and setting up the next cycle (Simpson, 2018). Reflection is not optional decoration: it is the step through which experience becomes learning (Celio et al., 2011).

4.2 Levels of youth empowerment

Because the V principle is where projects most often fail—adults find it easier to involve young people than to share power with them—the pathway is accompanied by a graduated model of empowerment (Table 2). The model adapts long-standing ladders of participation to the bridging context and is intended as a diagnostic: a project should be able to locate itself honestly on the ladder and

set a target rung. Only the upper rungs, where young people hold genuine or shared authority, are consistent with the framework's claim that ownership drives bridging (Checkoway, 2011).

Table 2. A graduated model of youth empowerment in bridging projects.

Level	Rung	What it looks like in a bridging project
5	Youth-directed	Young people initiate and lead; adults support on request. Full ownership of purpose and design.
4	Shared leadership	Youth and adults make decisions together as partners; authority is genuinely shared.
3	Consulted	Youth are asked and their input shapes decisions, but adults retain control.
2	Assigned roles	Youth carry out meaningful tasks within an adult-designed plan.
1	Token presence	Youth are visible but have no real influence; participation is symbolic.

Note: Levels 4–5 are consistent with the Voice-and-ownership principle; levels 1–2 are not. Adapted for the bridging context from participation-ladder traditions synthesized by Checkoway (2011).

4.3 Design cautions across the pathway

Each phase of the pathway carries a characteristic risk that can quietly undermine the bridging purpose even

when activity appears successful. Naming these risks turns the pathway from a sequence of steps into a design discipline. Table 3 pairs each phase with its principal activity and the pitfall most likely to arise there, drawing the cautions from the same evidence base that grounds the framework.

Table 3. Phases of the Youth Bridging Engagement Pathway, with characteristic pitfalls.

Phase	Principal activity	Characteristic pitfall to avoid
1 · Convene	Relationship-building and baseline competence under equal-status conditions.	Rushing to the task before intergroup anxiety has been lowered (Pettigrew, 1998).
2 · Co-create	Youth jointly select a real need and design the response.	Adults pre-deciding the project, reducing youth to executors (Checkoway, 2011).
3 · Collaborate	Interdependent teamwork toward the shared goal.	The helper–helped trap: unequal roles that entrench hierarchy (Allport, 1954).
4 · Consolidate	Reflection, recognition, and institutional follow-through.	Ending at completion, so contact yields no durable ties (Simpson, 2018).

5. Illustrative Application

Note on data. The values in this section are illustrative simulations calibrated to effect-size ranges reported in the intergroup-contact and service-learning meta-analyses (Pettigrew & Tropp, 2006; Celio et al., 2011). They are presented solely to demonstrate how the framework is expected to behave and must not be read as empirical results for any specific project.

5.1 An illustrative bridging project

Consider a hypothetical project in a diverse city in which young people from two communities that rarely mix—differing in language, faith, and neighborhood—come together to restore a shared public garden. Under a high-fidelity design, the project satisfies all five CIVIC principles: the teams are of equal status and mutually dependent (C); participants complete short intercultural-

communication sessions beforehand (I); the young people themselves choose the garden and design the restoration (V); the work meets a genuine, visible neighborhood need and ends with structured reflection (Impact); and a local civil-society organization provides mentors and commits to a follow-on cycle (Continuity). Under a low-fidelity design, by contrast, an adult body assigns young people to pre-planned tasks with little intercultural preparation, no real decision power, and no follow-through—contact occurs, but the optimal conditions and youth agency are largely absent.

5.2 Illustrative outcomes

Figure 3. contrasts the two designs across the five bridging outcomes using illustrative standardized effect sizes calibrated to the literature. The high-fidelity design is associated with substantially larger expected gains on every outcome, consistent with the meta-analytic finding that contact under Allport's optimal conditions yields markedly greater prejudice reduction (Pettigrew & Tropp, 2006) and that well-structured service-learning outperforms weakly structured programs (Celio et al., 2011). The figure is intended to communicate the framework's central prediction—that design fidelity, not mere participation, drives bridging—rather than to report measured effects.

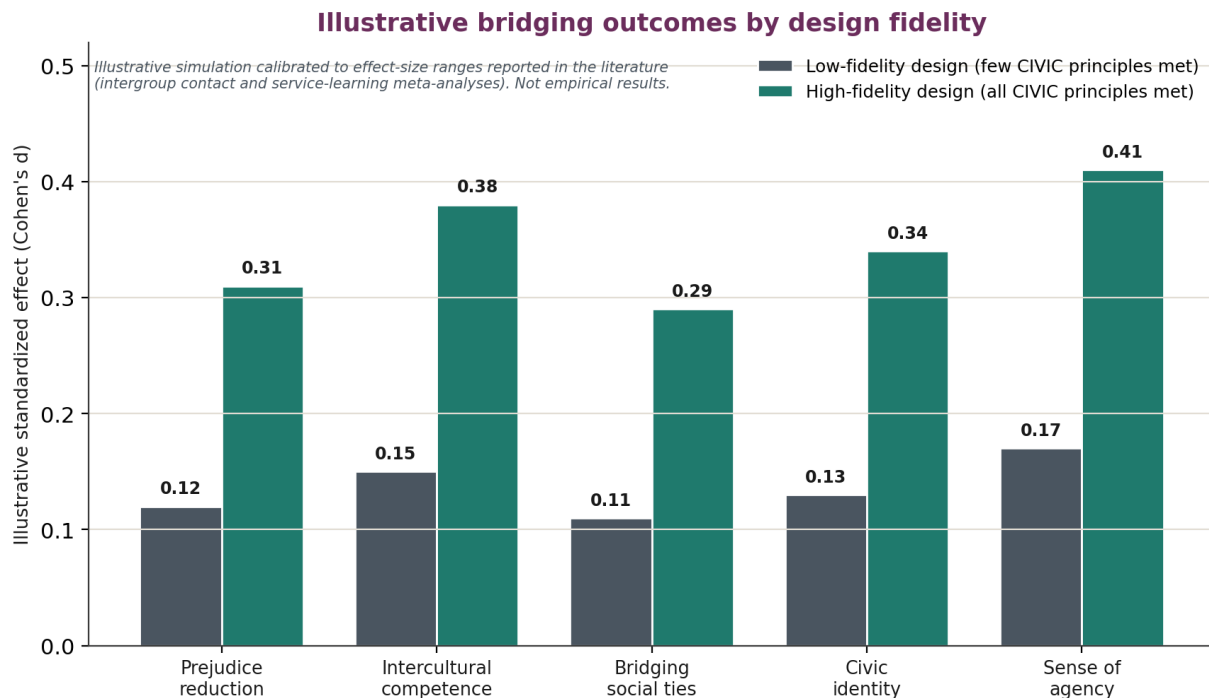


Figure 3. Illustrative bridging outcomes under high- versus low-fidelity CIVIC designs. Values are simulated effect sizes calibrated to literature ranges, not empirical measurements.

6. Discussion

6.1 Theoretical implications

The CIVIC-Bridge Framework makes three theoretical contributions. First, it integrates two literatures that have largely developed in parallel: intergroup contact theory, which specifies the conditions of bridging contact but treats participants as subjects of an intervention, and the youth-participation tradition, which centers agency but is not organized around bridging divides. By making youth ownership one of five co-equal design principles, the framework unites the conditions of contact with the agency of youth. Second, it reframes intercultural competence as simultaneously an input and an outcome, resolving a common ambiguity about whether competence precedes or follows contact (Deardorff, 2006; Jaafari, 2024). Third, by insisting that outcomes are maximized only when all five principles are jointly

satisfied, it advances a testable complementarity claim distinct from the additive assumptions of checklist approaches.

6.2 Programmatic implications

For educators and civil-society organizations, the framework and pathway offer a practical design discipline. The five principles function as a design checklist; the empowerment ladder (Table 2) provides an honest diagnostic for the principle most often neglected; and the four-phase pathway sequences the work so that relationship-building and competence precede task delivery, and reflection and follow-through are not sacrificed to the pressure of completing an activity. A recurring failure mode that the framework surfaces is the helper-helped trap, in which a project casts one community as benefactor and another as beneficiary, violating equal status and entrenching the very hierarchy it means to dissolve. Designing for genuine interdependence—where each group needs the other to succeed—is the antidote.

6.3 Policy relevance

At the level of national and civic policy, the framework clarifies where public investment most raises the bridging capacity of youth engagement. Because the Continuity principle depends on institutions, and because institutional support is one of the conditions that most strengthens contact effects, policy can amplify grassroots projects by supplying mentorship structures, sustained funding, and public recognition. This is directly relevant to the United Arab Emirates, whose national tolerance and coexistence architecture (Brankovic, 2024) and whose designation of 2026 as a year focused on family and community provide precisely the institutional ecology the framework calls for. Aligning youth programming with the international youth–peace–security agenda (Simpson, 2018) and with meso-level instruments such as city diplomacy (Levi, 2025) would situate community-level bridging within a coherent, multi-level strategy consistent with the knowledge-society ambitions of UAE Vision 2071.

6.4 Inclusion and the risk of leaving some youth behind

A framework built on empowerment must confront a distributional question: which young people get to participate? Programs that recruit only the already-confident, already-connected, or already-tolerant risk widening rather than narrowing divides, and they miss the very young people whose exclusion the UN study identifies as a driver of polarization (Simpson, 2018). The CIVIC-Bridge Framework therefore carries an implicit equity requirement: the Convene phase should deliberately reach across lines of advantage as well as across the target cultural divide, and the Voice principle should ensure that quieter participants hold real influence, not only the most assertive. Practically, this means attending to language access, transport, timing, and the subtle status differences that can reproduce hierarchy inside an ostensibly equal-status team. Designing for inclusion is not a separate task appended to the framework; it is a condition for the equal-status contact on which the whole logic depends (Allport, 1954; Pettigrew & Tropp, 2006).

Attending to inclusion also strengthens the framework's developmental payoff. The positive-youth-development tradition holds that all young people, not only the advantaged, possess the plasticity to grow through well-structured participation (Lerner et al., 2005). A bridging project that reaches widely thus does double duty: it builds cross-cutting ties across a cultural divide while extending the benefits of civic participation to young people who are too often left out of it. In this way the

equity of the design and the effectiveness of the outcome are not in tension but mutually reinforcing.

7. Limitations and Future Research

This paper is conceptual, and its limitations follow accordingly. First, the five principles, though grounded in the literature, are an abstraction; particular settings may require additional considerations, such as language access or the management of historical grievance, and the boundaries between principles can blur in practice. Second, all quantitative values presented here are illustrative simulations; the framework's central complementarity claim—that outcomes are maximized only when all five principles are met—has not been tested empirically. Third, the empowerment ladder is a heuristic whose rungs are ordinal rather than precisely bounded.

These limitations define a research agenda. Priorities include: (i) developing a fidelity instrument that scores a project on each CIVIC principle; (ii) testing whether high-fidelity designs produce larger bridging effects than low-fidelity ones, using the standardized outcomes illustrated in Figure 3; (iii) examining the complementarity claim by comparing projects that satisfy all five principles with those that satisfy only some; (iv) studying the pathway longitudinally to see whether consolidation genuinely seeds subsequent cycles; and (v) replicating the framework across regional and cultural contexts, including within the UAE's multicultural setting analyzed by Brankovic (2024) and the university-training context studied by Jaafari (2024). Rigorous evaluation is especially important given how many well-intentioned contact programs fail to establish causal effects (Paluck & Green, 2009).

8. Conclusion

Bridging cultural divides is among the defining challenges of diverse societies, and young people are among its most capable agents—when they are genuinely empowered. This paper has argued that the scattered evidence on how to empower them can be consolidated into a single design logic. The CIVIC-Bridge Framework specifies five interdependent design principles—Contact under optimal conditions, Intercultural competence, Voice and ownership, Impact through authentic service, and Continuity with institutional support—that convert youth-led community projects into five reinforcing bridging outcomes. The Youth Bridging Engagement Pathway translates those principles into a four-phase, youth-centered cycle, and the accompanying empowerment ladder guards against the most common failure of youth programming: involving young people without sharing power. Although the paper's quantitative

demonstration is illustrative rather than empirical, its conceptual contribution stands on its own and points toward a concrete agenda for validation. For educators, civil-society organizations, and policymakers—not least those advancing the United Arab Emirates’ coexistence agenda—the framework offers a principled and practical basis for designing youth engagement that bridges divides rather than deepening them, and that treats the young not as a risk to be managed but as builders of the shared civilization to come.

References

- Allport, G. W. (1954). *The nature of prejudice*. Addison-Wesley.
- Brankovic, A. (2024). UAE Tolerance Framework as a base for coexistence in a multicultural society. *International Journal of Civilizations Studies & Tolerance Sciences*, 1(1), 105–115. <https://doi.org/10.54878/n7pebq27>
- Celio, C. I., Durlak, J., & Dymnicki, A. (2011). A meta-analysis of the impact of service-learning on students. *Journal of Experiential Education*, 34(2), 164–181. <https://doi.org/10.1177/105382591103400205>
- Checkoway, B. (2011). What is youth participation? *Children and Youth Services Review*, 33(2), 340–345. <https://doi.org/10.1016/j.childyouth.2010.09.017>
- Deardorff, D. K. (2006). Identification and assessment of intercultural competence as a student outcome of internationalization. *Journal of Studies in International Education*, 10(3), 241–266. <https://doi.org/10.1177/1028315306287002>
- Jaafari, M. (2024). Enhancing students’ intercultural competences through university academic training. *International Journal of Civilizations Studies & Tolerance Sciences*, 1(1), 4–17. <https://doi.org/10.54878/b3xc4f79>
- Lerner, R. M., Lerner, J. V., Almerigi, J. B., Theokas, C., Phelps, E., Gestsdottir, S., ... von Eye, A. (2005). Positive youth development, participation in community youth development programs, and community contributions of fifth-grade adolescents: Findings from the first wave of the 4-H Study of Positive Youth Development. *Journal of Early Adolescence*, 25(1), 17–71. <https://doi.org/10.1177/0272431604272461>
- Levi, E. (2025). The untapped potential of city diplomacy in peacebuilding in the MENA region. *International Journal of Civilizations Studies & Tolerance Sciences*, 2(1), 4–10. <https://doi.org/10.54878/h9ipgn70>
- Paluck, E. L., & Green, D. P. (2009). Prejudice reduction: What works? A review and assessment of research and practice. *Annual Review of Psychology*, 60, 339–367. <https://doi.org/10.1146/annurev.psych.60.110707.163607>
- Pettigrew, T. F. (1998). Intergroup contact theory. *Annual Review of Psychology*, 49, 65–85. <https://doi.org/10.1146/annurev.psych.49.1.65>
- Pettigrew, T. F., & Tropp, L. R. (2006). A meta-analytic test of intergroup contact theory. *Journal of Personality and Social Psychology*, 90(5), 751–783. <https://doi.org/10.1037/0022-3514.90.5.751>
- Putnam, R. D. (2000). *Bowling alone: The collapse and revival of American community*. Simon & Schuster.
- Simpson, G. (2018). *The missing peace: Independent progress study on youth, peace and security*. United Nations Population Fund & Peacebuilding Support Office.